

Spring Gardening Week at Camas

Dates: April 21st - 27th 2012



An Invitation to Escape

Why not join in a **week of gardening at Camas**, from Saturday 21st–Friday 27th April 2012?

This will be an opportunity to do some useful, practical work in the vegetable garden at Camas and will be suitable for all gardening abilities, those with experience and those who are willing and just enjoy being close to the soil!

There will also be time to relax, do some exploring and experience living together at Camas. If you are interested or can pass the information to someone who might be that would be great.

Details

The week will be based at The Iona Community's Camas Centre on the Isle of Mull, living with a simple lifestyle, in a community which has a very low carbon footprint. The centre's electricity is generated through its own wind turbine; solar panels provide hot water; much of the vegetarian food is locally grown or sourced, and our beautiful coastal setting lends to the appreciation of our environment. Our garden plays an important part in enabling us to live more sustainably, and in helping us to reconnect with the natural world in a practical way.

The week entails joining with the community fully, being involved in the daily life routines and tasks, being part of reflections, recreation and exploration as well as tending to the garden.

The week will be led by Liz Paterson: Gardening enthusiast and member of the Iona Community, and Beccy Chenery: Camas gardener.



Things you should know before you come

Camas is based in old quarrymen's houses at a secluded bay on the Island of Mull. The Camas road end is reached approximately 2 miles before Fionnphort (location of the Iona ferry); however there is no vehicle access to Camas itself, which is reached by a walk of about 20 – 30 minutes (1½ miles) across a moorland track. This lends itself to a sense of isolation, adventure and an appreciation of the simpler things in life.

- All Camas staff members live at the centre; our working hours are from breakfast (usually 8.30am) to 10pm and someone is always reachable in an emergency.
- Staff take it in turns to cook and we also eat all meals with the guests who are staying at the centre.
- The food at Camas is vegetarian – please let us know of any special dietary needs in advance.
- Camas has 6 bunk rooms, each sleeping from 4-8 people, to a total of 28. Sleeping bags are essential (but we do have spares if necessary).
- Both staff and guests at Camas take part in daily chores, which are done in teams by rota. They include tasks such as washing up, cleaning toilets, cutting firewood and helping with the garden.
- The days at Camas are framed by morning and evening Reflections. These are generally led by the Camas staff, and focus sometimes on people's experiences at Camas and sometimes on wider experiences or on issues of social justice (such as Fairtrade). Everyone is invited to attend Reflections and to participate as fully as they wish.

Cost and Booking

£189 (inc. VAT at 20%) for 6 nights (Saturday – Friday morning) including all food, accommodation and activities. Activities with external providers (e.g. fishing trips, ferry crossings) may cost extra.

For bookings and more information contact:

tel: 01681 700404 e-mail: camas.bookings@iona.org.uk web: www.iona.org.uk

Camas Centre, Ardfenaig, Bunessan, Isle of Mull, PA67 6DX, Scotland, UK.

The Iona Community is a charity registered in Scotland No SC003794

If you would like a few days on Iona before or after ask for a copy of 'Places to stay on Iona'

In case of less than 8 bookings, this week might be cancelled. Do not book travel etc. before getting confirmation! Confirmation will be given 6 weeks before start of the week.

