

PILGRIMAGE TOWARD OUR UNDIVIDED LIFE: A COURAGE AND RENEWAL RETREAT, JUNE 30th to JULY 3rd 2014

A Circle of Trust retreat led by Jean Richardson will take place at Shepherds Dene Retreat Centre in Northumbria

Courage and Renewal Retreats

*'If we are willing to embrace the challenge of becoming whole ... We cannot embrace that challenge all alone, at least not for long; we need trustworthy relationships to sustain us, tenacious communities of support, if we are to sustain the journey toward an undivided life.'* Parker J. Palmer

As our bodies need nourishment, so do our souls. Using a Circle of Trust® approach, this Courage & Renewal® retreat is like gathering around tables for good, honest heart talk with ourselves and others. This unique retreat offers food for the soul in a safe and trustworthy environment. Using a small group model of formation, poetry, story and silence, participants are invited to rediscover the deep connection between role and soul in their lives. Given the gift of time and space participants hear their own inner wisdom, learn to create a community of mutual respect and how to reconnect professional identity and personal integrity. When we reconnect who we are with what we do, we approach our lives and our work with renewed passion, commitment and integrity. Within retreat we are invited to explore our own most profound questions at the heart of our many roles. Together we will create a quiet, focused and disciplined space – a circle of trust – in which the noise within us and around us can subside and we can begin to hear our own inner voice.

Jean Richardson, who has worked with Parker J. Palmer, is prepared by the Center for Courage and Renewal and has led many courage retreats in the US and UK.

If you are interested in taking part in this journey of self-exploration please return the attached booking form to the Iona Community, 4th Floor, Savoy House 140 Sauchiehall Street, Glasgow, G2 3DH with a cheque for £270. This covers the cost of the retreat, single room and full board for three nights.

SHEPERDS DENE is an Edwardian house located in a peaceful setting and atmosphere. It is about 30 minutes walk from Riding Mill Village. There are regular trains and buses from Newcastle. It is easily accessible by car being 30 miles from Newcastle and 40 miles from Durham.

Booking Form: Pilgrimage Toward Our Undivided Life, 2014

Name:

Address:

Telephone Number:

Email:

Dietary Requirements:

Places are limited and bookings will be taken on a first-come first-served basis. Payment in full is required with your booking. If you would rather pay by Credit Card, please phone the office on 0141 332 6343.