

CAMMAS

– the outdoor centre with a difference





Activities

Camas offers a flexible programme that can be tailored to suit the needs of individual groups. Some of the activities on offer include kayaking in the bay; climbing and abseiling; wild camping; hill walks; beach days; raft racing and coasteering. We also have a strong focus on environmental projects and offer sessions on woodland and garden foraging; peat cutting; cooking with homegrown ingredients and taking care of the resident chickens.

Community

Life at Camas is underpinned by our shared values of community and responsibility. Our days often start off with adventures outside and wind up with an evening spent round the fire. We strive to have a low environmental impact and all of our choices reflect this. We work together with our

visiting groups to build a relaxing and fun environment for each week.

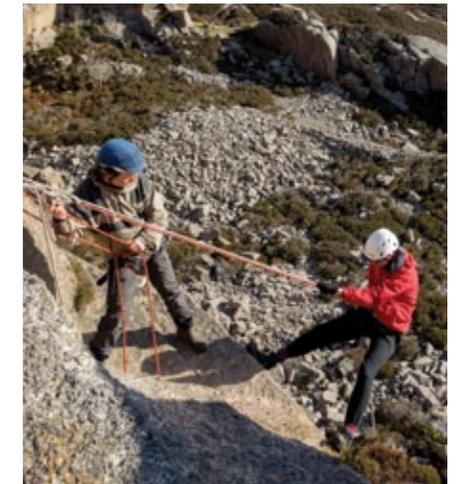
Environment

Camas is off-grid and powered by wind and solar. We are committed to environmental & social development and as such live a simple lifestyle connected to nature. Our organic garden supports our vegetarian diet and is used to educate and involve guests about where our food comes from. Our garden, woodland and seashore are the ideal environment to relax and escape.

What we offer

We offer week long outdoor and community experiences to nurture and develop both young people and adults. Camas is a safe, caring and respectful environment and our hospitality and friendship is extended

to all of our guests. Participation in outdoor activities and tending to our organic garden builds confidence in many of our guests. Simple walks in our beautiful surroundings and sharing tasks like helping out in the kitchen provide valuable time to reflect and inspire.



Groups

Are you a youth group, school, university or community group?

Whatever background, housing scheme or special educational needs school, Camas can aid the work that you are doing with your group in your community through a week at our centre.

Our aim is to support those from marginalised backgrounds; some financial bursaries to subsidise residential and travel costs are available.

We are open to individuals during our Work Weeks, Garden Weeks and Family Weeks.

FOR BOOKINGS OR MORE INFORMATION CONTACT:

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